Aila Teacher-Choices Trial — EEF/NFER Randomised Trial Finds Oak's AI Lesson Assistant Saves Primary Teachers 49 Minutes a Week, but Use Fades

AI in Education · Good practice · United Kingdom

Quality score: 47/100

Evidence strength: Moderate

Summary

NFER's EEF-commissioned RCT (464 teachers, 108 English schools) found Aila users spent ~2.5h/week on preparation vs 3h19 for controls, with no drop in quality; 81% tried it but use fell over ten weeks.

Key dimensions

Dimension	Score
Evidence of learning impact	1/3
Equity & inclusion	1/3
Transparency, ethics & data protection	1/3
Teacher capability & pedagogy	2/3
Scalability & sustainability	2/3

Evaluated by C-NAPSE

Data sources

C-NAPSE web research — accessed 2026-11-01

Education Endowment Foundation / NFER / Oak National Academy — accessed 2026-11-01

EdTech Innovation Hub report — accessed 2026-11-01

Resultsense summary — accessed 2026-11-01

EEF project page — accessed 2026-11-01

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