

ALS Thuismeten & Coachen — Nationwide E-Health Home-Monitoring for Motor Neuron Disease

Digital Inclusion · Good practice · Netherlands

Quality score: 92/100

Evidence strength: Observational / pre–post

Summary

A nationwide Dutch e-health platform let people with motor neuron disease self-monitor mood, weight and function from home. 86 of 90 enrolled patients started using it, but only 7 of 9 care teams sustained it long-term.

Key dimensions

Dimension	Score
Innovation level	3/5
Sustainability (ongoing)	1/1
Evaluation evidence	1/1
Demonstrated reach	1/1
Documented learning	1/1

Evaluated by C-NAPSE

Data sources

[C-NAPSE web research](#) — accessed 2026-09-05

[UMC Utrecht ALS Centre / ALS Centrum Nederland](#) — accessed 2026-09-05

[BMC Health Services Research \(2022\)](#) — nationwide evaluation — accessed 2026-09-05

[ALS Centrum Nederland — ALS Thuismeten & Coachen](#) — accessed 2026-09-05

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