

Bandebereho — Gender-Transformative Fathers' and Couples' Programme

Gender Equality · Good practice · Rwanda

Quality score: 89/100

Evidence strength: Randomised controlled trial

Summary

Bandebereho ('role model' in Kinyarwanda) is a 15-session couples' curriculum for expectant/new fathers in Rwanda. A randomised trial found far less intimate-partner violence (33% vs 57%) and nearly an hour more daily unpaid care work than a comparison group, 21 months on.

Key dimensions

Dimension	Score
Transferability / replicability	3/3
Impact on gender equality	1/1
Effectiveness	1/1
Efficiency	0/1
Evaluated outcomes	1/1
Sustainability	1/1
Achievement / evidence	1/1
Gender-mainstreaming embedding	1/1
Curator validation	1/1

Evaluated by C-NAPSE

Data sources

[C-NAPSE web research](#) — accessed 2026-07-05

[Rwanda Men's Resource Center \(RWAMREC\)](#) — accessed 2026-07-05

[Gender-transformative RCT \(PLOS ONE, Doyle et al. 2018\)](#) — accessed 2026-07-05

[Equimundo — results summary](#) — accessed 2026-07-05

[Six-year follow-up \(eClinicalMedicine/The Lancet\)](#) — accessed 2026-07-05

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