CARA (Cautioning and Relationship Abuse) — Hampshire's RCT-Tested Conditional-Caution Workshops for First-Time Domestic-Abuse Offenders

Gender Equality · Good practice · United Kingdom

Quality score: 78/100

Evidence strength: Strong

Summary

Conditional caution requiring low/medium-risk first-time domestic-abuse offenders to attend two 5-hour Hampton Trust workshops. A Hampshire RCT (n=293) found 27% lower crime harm and 21% fewer domestic-abuse re-arrests after one year.

Key dimensions

Dimension	Score
Transferability / replicability	3/3
Impact on gender equality	1/1
Effectiveness	1/1
Efficiency	1/1
Evaluated outcomes	1/1
Sustainability	1/1
Achievement / evidence	1/1
Gender-mainstreaming embedding	0/1
Curator validation	0/1

Evaluated by C-NAPSE

Data sources

C-NAPSE web research — accessed 2026-11-12

Hampton Trust with Hampshire Constabulary — accessed 2026-11-12

Strang et al. 2017 RCT (Cambridge repository) — accessed 2026-11-12

CrimeSolutions programme profile (NIJ) — accessed 2026-11-12

University of Birmingham 2022 evaluation news — accessed 2026-11-12

Hampshire PCC decision record PCCDJ-000693 (2023) — accessed 2026-11-12

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