

Cyber-Seniors: Connecting Generations — Reverse-Mentoring Digital and Online-Safety Training

Digital Inclusion · Good practice · Canada

Quality score: 88/100

Evidence strength: Observational / pre–post

Summary

A Toronto nonprofit pairs trained teen/young-adult volunteers with older adults for one-on-one tech and online-safety mentoring; peer-reviewed University of Rhode Island studies found significant digital-competence gains, plus honestly reported null results on loneliness.

Key dimensions

Dimension	Score
Innovation level	2/5
Sustainability (ongoing)	1/1
Evaluation evidence	1/1
Demonstrated reach	1/1
Documented learning	1/1

Evaluated by C-NAPSE

Data sources

[C-NAPSE web research](#) — accessed 2026-07-15

[Cyber-Seniors Inc.](#) — accessed 2026-07-15

[Cyber-Seniors](#) — accessed 2026-07-15

[Cyber-Seniors 2020 Annual Report \(PDF\)](#) — accessed 2026-07-15

[Leedahl & Serrano 2019, Innovation in Aging \(PMC\)](#) — accessed 2026-07-15

Cite this — Evidoria. *Cyber-Seniors: Connecting Generations — Reverse-Mentoring Digital and Online-Safety Training*. Persistent ID: e3742915-f435-4012-bbc8-6dd2d00a792c.