Dating Matters® — CDC's Comprehensive Teen Dating Violence Prevention Model, Cluster-RCT Tested in Four US Cities

Gender Equality · Good practice · United States of America

Quality score: 78/100

Evidence strength: Strong

Summary

CDC's Dating Matters combines student, parent, educator and neighbourhood work for 11–14-year-olds. A 46-school cluster RCT found 8.4% lower dating-violence perpetration than Safe Dates in middle school, and 19% lower risk in high school.

Key dimensions

Dimension	Score
Transferability / replicability	3/3
Impact on gender equality	1/1
Effectiveness	1/1
Efficiency	0/1
Evaluated outcomes	1/1
Sustainability	1/1
Achievement / evidence	1/1
Gender-mainstreaming embedding	0/1
Curator validation	1/1

Evaluated by C-NAPSE

Data sources

C-NAPSE web research — accessed 2026-11-19

US Centers for Disease Control and Prevention (CDC), National Center for Injury Prevention and Control — accessed 2026-11-19

Niolon et al. 2019, AJPM — CDC Stacks — accessed 2026-11-19

High-school follow-up, Prevention Science 2024 (PMC) — accessed 2026-11-19

RTI International — RCT of Dating Matters — accessed 2026-11-19

NACCHO — local Dating Matters implementation — accessed 2026-11-19

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