

Digital Senior

Digital Inclusion · Good practice · National

Quality score: 56/100

Evidence strength: Descriptive / self-reported

Summary

AIM: Digital Senior aims to reduce fear regarding to technology. Through the work of reducing fear participants build a sense of mastery and consequently they regain some of the independence that old age can rob one of. Digital Senior is a method built to generate change and to c

Key dimensions

Dimension	Score
Innovation level	4/5
Sustainability (ongoing)	0/1
Evaluation evidence	0/1
Demonstrated reach	1/1
Documented learning	1/1

Evaluated by MEDICI consortium

Data sources

[MEDICI / Digital Inclusion Atlas](#) — accessed 2026-06-14

[Practice website](#) — accessed 2026-06-14

[Information source](#) — accessed 2026-06-14

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