

England's Green Social Prescribing 'Test and Learn' Programme — National Evidence from Seven NHS Sites

PES & Nature-Based Solutions · Good practice · United Kingdom

Quality score: 7/100

Evidence strength: Cautionary / limited

Summary

A £5.77m pilot referred 8,339 people with mental-health needs to nature-based activities across seven English health areas (2020-23); a university evaluation found significant wellbeing gains and £1.88 of social value per £1 spent, reaching many from deprived areas.

Key dimensions

Dimension	Score
Water & soil — retention, infiltration, erosion control	0/3
Fire resilience — risk reduction, evidenced	0/3
Carbon — sequestration / storage, evidenced	0/3
Biodiversity — conservation / improvement, evidenced	0/3
Governance, certification & transferability	1/3

Evaluated by C-NAPSE

Data sources

[C-NAPSE web research](#) — accessed 2026-09-22

[NHS England; Defra; Natural England; Sport England; OHID; Universities of Exeter, Sheffield, Sheffield Hallam and Plymouth](#) — accessed 2026-09-22

[NHS England - Green social prescribing](#) — accessed 2026-09-22

[Beyond Greenspace - Test and Learn Pilots National Evaluation Final Report](#) — accessed 2026-09-22

Cite this — Evidoria. *England's Green Social Prescribing 'Test and Learn' Programme — National Evidence from Seven NHS Sites*. Persistent ID: 7b520b80-d15f-4356-b3d4-05823ab7c786.