

Enhanced Assess, Acknowledge, Act (EAAA) — Canada's RCT-Tested Sexual Assault Resistance Programme for First-Year University Women

Gender Equality · Good practice · Canada

Quality score: 63/100

Evidence strength: Moderate

Summary

A 12-hour programme teaching first-year women to assess risk, overcome barriers and use verbal and physical resistance. A 893-woman Canadian RCT cut completed rape from 9.8% to 5.2% in one year.

Key dimensions

Dimension	Score
Transferability / replicability	2/3
Impact on gender equality	1/1
Effectiveness	1/1
Efficiency	0/1
Evaluated outcomes	1/1
Sustainability	0/1
Achievement / evidence	1/1
Gender-mainstreaming embedding	0/1
Curator validation	1/1

Evaluated by C-NAPSE

Data sources

[C-NAPSE web research](#) — accessed 2026-10-03

[University of Windsor, University of Calgary and University of Guelph research team](#) — accessed 2026-10-03

[NEJM trial report \(Senn et al., 2015\)](#) — accessed 2026-10-03

[PubMed abstract](#) — accessed 2026-10-03

[Secondary and 2-year outcomes \(Psychology of Women Quarterly, 2017\)](#) — accessed 2026-10-03

[Real-world implementation study \(European Journal of Psychotraumatology, 2023\)](#) — accessed 2026-10-03

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