

IDAP (Integrated Domestic Abuse Programme) — Sweden's Discontinued Prison and Probation Perpetrator Programme

Gender Equality · Good practice · Sweden

Quality score: 37/100

Evidence strength: Cautionary / limited

Summary

A CBT-based group programme for male intimate-partner-violence offenders run by Sweden's Prison and Probation Service from 2004. A matched-comparison evaluation found no meaningful reduction in reoffending versus untreated offenders, and the programme was phased out around 2020 —

Key dimensions

Dimension	Score
Transferability / replicability	1/3
Impact on gender equality	0/1
Effectiveness	0/1
Efficiency	0/1
Evaluated outcomes	1/1
Sustainability	0/1
Achievement / evidence	0/1
Gender-mainstreaming embedding	1/1
Curator validation	1/1

Evaluated by C-NAPSE

Data sources

[C-NAPSE web research](#) — accessed 2026-08-30

[Kriminalvården \(Swedish Prison and Probation Service\)](#) — accessed 2026-08-30

[Kriminalvården — IDAP final evaluation report](#) — accessed 2026-08-30

[Jansson \(2024\) — Can we trust that CBT-based batterer intervention programmes are effective?](#) — accessed 2026-08-30

Cite this — Evidoria. *IDAP (Integrated Domestic Abuse Programme) — Sweden's Discontinued Prison and Probation Perpetrator Programme*. Persistent ID: b32bda54-e146-40ce-a26b-0783ec8bae16.