

Indashyikirwa — Couples Curriculum for Preventing Intimate Partner Violence

Gender Equality · Good practice · Rwanda

Quality score: 78/100

Evidence strength: Strong

Summary

A 21-session couples curriculum plus community activism reduced reported intimate partner violence in rural Rwanda: a cluster-randomised trial found women 56% less likely, and men 46% less likely, to report physical/sexual IPV after 24 months versus controls.

Key dimensions

Dimension	Score
Transferability / replicability	3/3
Impact on gender equality	1/1
Effectiveness	1/1
Efficiency	0/1
Evaluated outcomes	1/1
Sustainability	1/1
Achievement / evidence	1/1
Gender-mainstreaming embedding	1/1
Curator validation	0/1

Evaluated by C-NAPSE

Data sources

[C-NAPSE web research](#) — accessed 2026-08-29

[CARE International Rwanda, Rwanda Women's Network & Rwanda Men's Resource Centre \(RWAMREC\)](#) — accessed 2026-08-29

[Cluster-RCT results \(BMJ Global Health, via PubMed\)](#) — accessed 2026-08-29

[Companion community-activism RCT \(PMC\)](#) — accessed 2026-08-29

[Process review of the couples curriculum \(MDPI Social Sciences\)](#) — accessed 2026-08-29

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