

Indashyikirwa — Rwanda's Couples-Curriculum Programme to Prevent Intimate-Partner Violence

Gender Equality · Good practice · Rwanda

Quality score: 85/100

Evidence strength: Strong

Summary

Indashyikirwa ('Agents of Change') trains couples in a 21-session curriculum to prevent partner violence. A cluster-RCT across 28 Rwandan sectors found IPV reported by women fell significantly at 24 months (aRR=0.44), alongside men's self-reported perpetration (aRR=0.54).

Key dimensions

Dimension	Score
Transferability / replicability	2/3
Impact on gender equality	1/1
Effectiveness	1/1
Efficiency	0/1
Evaluated outcomes	1/1
Sustainability	1/1
Achievement / evidence	1/1
Gender-mainstreaming embedding	1/1
Curator validation	1/1

Evaluated by C-NAPSE

Data sources

[C-NAPSE web research](#) — accessed 2026-08-31

[CARE International Rwanda, Rwanda Women's Network \(RWN\) & Rwanda Men's Resource Centre \(RWAMREC\)](#) — accessed 2026-08-31

[PMC — Indashyikirwa cluster-RCT full text](#) — accessed 2026-08-31

[What Works to Prevent Violence — Indashyikirwa evidence brief](#) — accessed 2026-08-31

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