Komp — No Isolation's One-Button Screen for Older Adults, Tested in Oslo's 1,111-Person Home-Care RCT

Digital Inclusion · Good practice · Norway

Quality score: 72/100

Evidence strength: Strong

Summary

Komp is a one-button screen for older people who cannot use smartphones: family send photos and video calls from an app. In an Oslo RCT (n=1,111) it did not prolong living at home; uptake was low (53 of 516 offered used it), though short-term institutional stays fell.

Key dimensions

Dimension	Score
Innovation level	3/5
Sustainability (ongoing)	1/1
Evaluation evidence	1/1
Demonstrated reach	0/1
Documented learning	1/1

Evaluated by C-NAPSE

Data sources

C-NAPSE web research — accessed 2026-11-13

No Isolation (with Oslo Municipality and Oslo Metropolitan University) — accessed 2026-11-13

BMC Geriatrics RCT (2026) — PMC — accessed 2026-11-13

Trial registration NCT05919355 — accessed 2026-11-13

Frontiers in Public Health nursing-home study (2024) — accessed 2026-11-13

Nordic Welfare Centre case description — accessed 2026-11-13

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