

Kvennafrídagurinn — Iceland's Women's Strike for Equal Pay and Recognition of Unpaid Work

Gender Equality · Good practice · Iceland

Quality score: 89/100

Evidence strength: Strong

Summary

On 24 October 1975, an estimated 90% of Icelandic women stopped paid and unpaid work for a day, shutting down schools, flights and factories to demand equal pay; the strike has recurred five times since and preceded Iceland's 1976 Equal Rights Act.

Key dimensions

Dimension	Score
Transferability / replicability	3/3
Impact on gender equality	1/1
Effectiveness	1/1
Efficiency	0/1
Evaluated outcomes	1/1
Sustainability	1/1
Achievement / evidence	1/1
Gender-mainstreaming embedding	1/1
Curator validation	1/1

Evaluated by C-NAPSE

Data sources

[C-NAPSE web research](#) — accessed 2026-09-05

[Icelandic Women's Rights Association \(Kvenréttindafélag Íslands\) and the Redstockings movement, with a national trade-union and civil-society coalition](#) — accessed 2026-09-05

[Wikipedia](#) — 1975 Icelandic women's strike — accessed 2026-09-05

[National Geographic](#) — 50 years ago, the women of Iceland took a day off — accessed 2026-09-05

[World Economic Forum](#) — Icelandic women are going on strike against gender pay gap — accessed 2026-09-05

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