

LIFT

Digital Inclusion · Good practice · Portugal · National

Quality score: 52/100

Evidence strength: Descriptive / self-reported

Summary

The LIFT project contributes to changing this reality by helping 50 socially disadvantaged women (unemployed, living in rural, low-educated and not in regular education systems or processes) to increase their digital literacy and digital skills. basic. This project aims to reach

Key dimensions

Dimension	Score
Innovation level	3/5
Sustainability (ongoing)	1/1
Evaluation evidence	0/1
Demonstrated reach	0/1
Documented learning	1/1

Evaluated by MEDICI consortium

Data sources

[MEDICI / Digital Inclusion Atlas](#) — accessed 2026-06-14

[Practice website](#) — accessed 2026-06-14

[Information source](#) — accessed 2026-06-14

Cite this — Evidoria. *LIFT*. Persistent ID: 4ce12e3f-0ef7-496d-aba0-9984f89e7b42.