

Liga Inan – Mobile Maternal Health Messaging Network

Digital Inclusion · Good practice · Timor-Leste

Quality score: 92/100

Evidence strength: Quasi-experimental

Summary

Liga Inan pairs pregnant women in Timor-Leste with SMS/voice check-ins and community health volunteers via mobile phone. A peer-reviewed evaluation found large gains in skilled birth attendance and postnatal checks after the Ministry of Health adopted it nationally.

Key dimensions

Dimension	Score
Innovation level	3/5
Sustainability (ongoing)	1/1
Evaluation evidence	1/1
Demonstrated reach	1/1
Documented learning	1/1

Evaluated by C-NAPSE

Data sources

[C-NAPSE web research](#) — accessed 2026-07-22

[Health Alliance International / Catalpa International \(with Timor-Leste Ministry of Health\)](#) — accessed 2026-07-22

[Peer-reviewed evaluation \(Journal of Global Health / PMC\)](#) — accessed 2026-07-22

[Health Alliance International – Liga Inan project page](#) — accessed 2026-07-22

[Catalpa International – Liga Inan](#) — accessed 2026-07-22

[Australian Embassy Dili funding update](#) — accessed 2026-07-22

Cite this — Evidoria. *Liga Inan – Mobile Maternal Health Messaging Network*. Persistent ID: 1cb1e6e0-be1e-4e05-9b87-0c29d7880f87.