

Lyömätön Linja — Finland's Voluntary Helpline and Group Programme for Men Who Use Violence

Gender Equality · Good practice · Finland

Quality score: 52/100

Evidence strength: Moderate

Summary

Finland's first violence-intervention service for men, run by Miessakit ry since 1993. Free voluntary phone, individual and group counselling reached 314 men through 1,408 sessions in 2023; 80% reported violence had ended at six-month follow-up.

Key dimensions

Dimension	Score
Transferability / replicability	2/3
Impact on gender equality	1/1
Effectiveness	0/1
Efficiency	0/1
Evaluated outcomes	0/1
Sustainability	1/1
Achievement / evidence	0/1
Gender-mainstreaming embedding	1/1
Curator validation	1/1

Evaluated by C-NAPSE

Data sources

[C-NAPSE web research](#) — accessed 2026-09-03

[Miessakit ry](#) — accessed 2026-09-03

[Miessakit ry — Lyömätön Linja programme page](#) — accessed 2026-09-03

[Y-Säätiö / Miessakit ry statistics presentation \(April 2024\)](#) — accessed 2026-09-03

[National Crime Prevention Council of Finland — overview of DV perpetrator 'stopping' programmes](#) — accessed 2026-09-03

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