

MAISHA — Gender-Transformative Curriculum in Microfinance Groups, Mwanza, Tanzania

Gender Equality · Good practice · Tanzania

Quality score: 74/100

Evidence strength: Strong

Summary

A 10-session participatory gender-training curriculum added to women's microfinance loan groups in Mwanza, Tanzania. Two linked cluster-randomised trials found the curriculum cut past-year physical partner violence when paired with microfinance, but had no effect without it.

Key dimensions

Dimension	Score
Transferability / replicability	2/3
Impact on gender equality	1/1
Effectiveness	1/1
Efficiency	0/1
Evaluated outcomes	1/1
Sustainability	0/1
Achievement / evidence	1/1
Gender-mainstreaming embedding	1/1
Curator validation	1/1

Evaluated by C-NAPSE

Data sources

[C-NAPSE web research](#) — accessed 2026-09-04

[Mwanza Intervention Trials Unit \(MITU\), National Institute for Medical Research, with the London School of Hygiene & Tropical Medicine](#) — accessed 2026-09-04

[ClinicalTrials.gov](#) — [MAISHA trial registration \(NCT02592252\)](#) — accessed 2026-09-04

[PLOS Global Public Health \(2023 pathways analysis\)](#) — accessed 2026-09-04

[PubMed](#) — [Lancet Global Health MAISHA trial \(Kapiga et al., 2019\)](#) — accessed 2026-09-04

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