

Mütterrente — Germany's Pension-Point Credit for Child-Raising Time

Gender Equality · Good practice · Germany

Quality score: 89/100

Evidence strength: Observational / pre–post

Summary

Since July 2014, Germany's Mütterrente credits parents — overwhelmingly mothers — pension points for child-raising time. Peer-reviewed analysis finds this cuts one cohort's motherhood pension gap from 44% to 21% by age 45, though a residual gap persists, mainly in the west.

Key dimensions

Dimension	Score
Transferability / replicability	3/3
Impact on gender equality	1/1
Effectiveness	1/1
Efficiency	0/1
Evaluated outcomes	1/1
Sustainability	1/1
Achievement / evidence	1/1
Gender-mainstreaming embedding	1/1
Curator validation	1/1

Evaluated by C-NAPSE

Data sources

[C-NAPSE web research](#) — accessed 2026-09-08

[Deutsche Rentenversicherung Bund / Bundesministerium für Arbeit und Soziales](#) — accessed 2026-09-08

[Deutsche Rentenversicherung — Mütterrente FAQ](#) — accessed 2026-09-08

[Deutscher Bundestag — Die sogenannte Mütterrente](#) — accessed 2026-09-08

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