

Nós e (A)vós

Digital Inclusion · Good practice · Portugal · Regional

Quality score: 32/100

Evidence strength: Descriptive / self-reported

Summary

This initiative aims to reduce the isolation of the elderly. The project is based on a social and intergenerational intervention in a community context that will allow the creation and development of a set of activities to combat isolation and loneliness in old age. It consists o

Key dimensions

Dimension	Score
Innovation level	3/5
Sustainability (ongoing)	1/1
Evaluation evidence	0/1
Demonstrated reach	0/1
Documented learning	0/1

Evaluated by MEDICI consortium

Data sources

[MEDICI / Digital Inclusion Atlas](#) — accessed 2026-06-14

[Practice website](#) — accessed 2026-06-14

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