

Opening Doors to the Outdoors — Green Social Prescribing in North Wales

PES & Nature-Based Solutions · Good practice · United Kingdom

Quality score: 13/100

Evidence strength: Cautionary / limited

Summary

A 12-week, GP-referred outdoor walking/climbing programme by The Outdoor Partnership in North Wales showed £4.37–£5.36 of social return per £1 invested in a peer-reviewed study, though it found no measurable drop in NHS service use among the 52 who completed it.

Key dimensions

Dimension	Score
Carbon — sequestration / storage, evidenced	0/3
Biodiversity — conservation / improvement, evidenced	0/3
Water & soil — retention, infiltration, erosion control	0/3
Fire resilience — risk reduction, evidenced	0/3
Governance, certification & transferability	2/3

Evaluated by C-NAPSE

Data sources

[C-NAPSE web research](#) — accessed 2026-09-09

[The Outdoor Partnership](#) — accessed 2026-09-09

[Poole et al. 2023, IJERPH — SROI analysis of Opening Doors to the Outdoors](#) — accessed 2026-09-09

[National Lottery Community Fund — Outdoor Partnership grant confirmation](#) — accessed 2026-09-09

Cite this — Evidoria. *Opening Doors to the Outdoors — Green Social Prescribing in North Wales*. Persistent ID: 95787df7-4030-4d16-8cb4-2bd8faa7f535.