

Program H — Promundo's Gender-Transformative Curriculum for Young Men

Gender Equality · Good practice · Brazil

Quality score: 89/100

Evidence strength: Quasi-experimental

Summary

Program H is Promundo's gender-transformative group curriculum for young men, developed in Rio de Janeiro and now adapted in 30+ countries. It is evaluated with the validated GEM Scale, though only 3 of its 14 documented impact studies are randomised controlled trials.

Key dimensions

Dimension	Score
Transferability / replicability	3/3
Impact on gender equality	1/1
Effectiveness	1/1
Efficiency	0/1
Evaluated outcomes	1/1
Sustainability	1/1
Achievement / evidence	1/1
Gender-mainstreaming embedding	1/1
Curator validation	1/1

Evaluated by C-NAPSE

Data sources

[C-NAPSE web research](#) — accessed 2026-07-11

[Instituto Promundo / Equimundo](#) — accessed 2026-07-11

[Equimundo – Program H: A Review of the Evidence](#) — accessed 2026-07-11

[Pulerwitz & Barker 2008, Men and Masculinities \(GEM Scale\)](#) — accessed 2026-07-11

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