

RT21's TASA/FU-T Programme — Building Digital Autonomy for Quebec Adults with Down Syndrome and Intellectual Disabilities

Digital Inclusion · Good practice · Canada

Quality score: 68/100

Evidence strength: Observational / pre–post

Summary

A Montreal Down-syndrome association's 2016 iPad day-programme for adults with intellectual disability was evaluated over 9 months and, with OPHQ funding and a university partner, turned into FU-T: 42 structured activity sheets now offered to other organisations.

Key dimensions

Dimension	Score
Innovation level	2/5
Sustainability (ongoing)	1/1
Evaluation evidence	1/1
Demonstrated reach	0/1
Documented learning	1/1

Evaluated by C-NAPSE

Data sources

C-NAPSE web research — accessed 2026-09-15

Regroupement pour la Trisomie 21 (RT21), with Université du Québec à Trois-Rivières and Quebec's Office des personnes handicapées (OPHQ) — accessed 2026-09-15

RT21 — Programme FU-T — accessed 2026-09-15

Digital Inclusion Trajectory of People with Down Syndrome: A Pilot Study — accessed 2026-09-15

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