

# Safe Dates — School-Based Dating-Abuse Prevention Curriculum, North Carolina

Gender Equality · Good practice · United States of America

Quality score: 74/100

Evidence strength: Strong

## Summary

Ten-session school curriculum plus theatre and community components; a cluster-randomised trial in 14 North Carolina schools found less dating-violence perpetration four years on, from a single developer-led study.

## Key dimensions

| Dimension                       | Score |
|---------------------------------|-------|
| Transferability / replicability | 2/3   |
| Impact on gender equality       | 1/1   |
| Effectiveness                   | 1/1   |
| Efficiency                      | 1/1   |
| Evaluated outcomes              | 1/1   |
| Sustainability                  | 1/1   |
| Achievement / evidence          | 1/1   |
| Gender-mainstreaming embedding  | 0/1   |
| Curator validation              | 0/1   |

Evaluated by C-NAPSE

## Data sources

[C-NAPSE web research](#) — accessed 2026-09-30

[University of North Carolina at Chapel Hill \(Vangie Foshee\) / Hazelden Publishing](#) — accessed 2026-09-30

[CrimeSolutions — Safe Dates](#) — accessed 2026-09-30

[Blueprints — Safe Dates](#) — accessed 2026-09-30

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