

Sakhi — AI Menstrual-Health Chatbot Keeping Bangladeshi Girls in School

AI in Education · Good practice · Bangladesh

Quality score: 40/100

Evidence strength: Descriptive / self-reported

Summary

SimPPL's WhatsApp chatbot delivers AI-generated, stigma-free menstrual-health guidance in Bangla to young girls in Dhaka, targeting the absenteeism menstruation causes for roughly 1 in 10 adolescent girls across the region, per UNESCO estimates.

Key dimensions

Dimension	Score
Evidence of learning impact	1/3
Equity & inclusion	3/3
Transparency, ethics & data protection	1/3
Teacher capability & pedagogy	0/3
Scalability & sustainability	1/3

Evaluated by C-NAPSE

Data sources

[C-NAPSE web research](#) — accessed 2026-07-30

[SimPPL \(with Spreeha Foundation and Asian University for Women\)](#) — accessed 2026-07-30

[Sakhi — SimPPL](#) — accessed 2026-07-30

[MIT Solve solution page](#) — accessed 2026-07-30

[IGI Global book chapter](#) — accessed 2026-07-30

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