Sammanit Jeevan (Living with Dignity) — VSO Nepal's Family-Centred Programme in Migrant Communities of Baglung, with No Sustained Partner-Violence Reduction (Cautionary Case)

Gender Equality · Good practice · Nepal

Quality score: 37/100

Evidence strength: Cautionary / limited

Summary

Twenty weekly gender-norms and livelihood sessions, plus about US$150 in livestock per family, reached 100 migrant families in Baglung. Depression and finances improved, but partner violence did not fall significantly; any IPV hit 28.7% at 18 months. No control group.

Key dimensions

Dimension	Score
Transferability / replicability	1/3
Impact on gender equality	0/1
Effectiveness	0/1
Efficiency	0/1
Evaluated outcomes	1/1
Sustainability	0/1
Achievement / evidence	0/1
Gender-mainstreaming embedding	1/1
Curator validation	1/1

Evaluated by C-NAPSE

Data sources

C-NAPSE web research — accessed 2026-11-12

VSO Nepal with Bhimapokhara Youth Club; evaluated by the South African Medical Research Council — accessed 2026-11-12

PLOS ONE (2020) — Shai et al., Sammanit Jeevan evaluation — accessed 2026-11-12

What Works to Prevent VAWG — VSO International Nepal — accessed 2026-11-12

PLOS ONE article page — accessed 2026-11-12

What Works evidence brief (2019) — accessed 2026-11-12

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