Sexual Violence Crisis Centres (SAK) — Estonia's 24/7 Hospital-Based One-Stop Care for Survivors

Gender Equality · Good practice · Estonia

Quality score: 48/100

Evidence strength: Moderate

Summary

Since 2016 four Estonian hospitals run 24/7 crisis centres giving survivors of sexual violence free medical, forensic and psychological help in one place, without police involvement. Uptake doubled to 92 women in 2018; coverage is limited to four cities.

Key dimensions

Dimension	Score
Transferability / replicability	1/3
Impact on gender equality	1/1
Effectiveness	0/1
Efficiency	0/1
Evaluated outcomes	0/1
Sustainability	1/1
Achievement / evidence	1/1
Gender-mainstreaming embedding	1/1
Curator validation	0/1

Evaluated by C-NAPSE

Data sources

C-NAPSE web research — accessed 2026-11-16

Social Insurance Board of Estonia (Sotsiaalkindlustusamet), with West Tallinn Central Hospital, Tartu University Hospital, Pärnu Hospital and Ida-Viru Central Hospital — accessed 2026-11-16

ERR — crisis-centre uptake doubled (2019) — accessed 2026-11-16

Eesti Arst — SAC services in Estonia (2022) — accessed 2026-11-16

Chancellor of Justice report to GREVIO — accessed 2026-11-16

UK FCDO — hospitals treating sexual assault victims in Estonia — accessed 2026-11-16

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