

Single Parent's Child Allowance — Estonia's Flat-Rate Support Amid Rising Lone-Parent Poverty

Gender Equality · Good practice · Estonia

Quality score: 26/100

Evidence strength: Cautionary / limited

Summary

Estonia pays parents raising a child without a second parent a flat €100/month allowance. Despite this, Statistics Estonia found 38% of single-parent families were in relative poverty in 2024 — up on 2023, about 2.7x the rate for two-parent, one-child households.

Key dimensions

Dimension	Score
Transferability / replicability	1/3
Impact on gender equality	0/1
Effectiveness	0/1
Efficiency	0/1
Evaluated outcomes	1/1
Sustainability	1/1
Achievement / evidence	0/1
Gender-mainstreaming embedding	0/1
Curator validation	0/1

Evaluated by C-NAPSE

Data sources

[C-NAPSE web research](#) — accessed 2026-09-14

[Sotsiaalkindlustusamet \(Estonian Social Insurance Board\)](#) — accessed 2026-09-14

[ERR News — Relative poverty down but single parents' situation worsens in Estonia](#) — accessed 2026-09-14

[Sotsiaalkindlustusamet — Family allowances](#) — accessed 2026-09-14

Cite this — Evidoria. *Single Parent's Child Allowance — Estonia's Flat-Rate Support Amid Rising Lone-Parent Poverty*. Persistent ID: 96f688c9-9b8c-4069-83c9-df19fafd03c2.