

Strength at Home Couples (SAH-C) — Preventing Partner Violence Among Military Veterans

Gender Equality · Good practice · United States of America

Quality score: 82/100

Evidence strength: Strong

Summary

A PTSD-informed group therapy programme reducing intimate partner violence among US military veterans. An NIJ-rated RCT of 69 couples found men's relative risk of physical violence fell to 0.53 versus a control group at 12-month follow-up.

Key dimensions

Dimension	Score
Transferability / replicability	1/3
Impact on gender equality	1/1
Effectiveness	1/1
Efficiency	0/1
Evaluated outcomes	1/1
Sustainability	1/1
Achievement / evidence	1/1
Gender-mainstreaming embedding	1/1
Curator validation	1/1

Evaluated by C-NAPSE

Data sources

[C-NAPSE web research](#) — accessed 2026-09-06

[VA Boston Healthcare System / National Center for PTSD](#) — accessed 2026-09-06

[NIJ CrimeSolutions rating: Strength at Home Couples](#) — accessed 2026-09-06

[RCT: Journal of Consulting and Clinical Psychology \(Taft et al., 2016\)](#) — accessed 2026-09-06

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