The Fourth R — Ontario's Teacher-Delivered Healthy-Relationships Curriculum: Cluster RCT Cut Physical Dating Violence Among Boys, Not Girls

Gender Equality · Good practice · Canada

Quality score: 78/100

Evidence strength: Strong

Summary

A 21-lesson, 28-hour Grade 9 health curriculum taught by trained teachers. A 20-school cluster RCT (1,722 students) found physical dating violence of 7.4% vs 9.8% at 2.5 years (p=.05), driven by boys (2.7% vs 7.1%); a Bronx replication found no effects.

Key dimensions

Dimension	Score
Transferability / replicability	3/3
Impact on gender equality	1/1
Effectiveness	0/1
Efficiency	1/1
Evaluated outcomes	1/1
Sustainability	1/1
Achievement / evidence	0/1
Gender-mainstreaming embedding	1/1
Curator validation	1/1

Evaluated by C-NAPSE

Data sources

C-NAPSE web research — accessed 2026-11-22

Centre for School Mental Health, Western University (originally CAMH Centre for Prevention Science) — accessed 2026-11-22

The Fourth R — official site — accessed 2026-11-22

Wolfe et al. 2009 cluster RCT (Arch Pediatr Adolesc Med) — accessed 2026-11-22

CrimeSolutions programme profile — accessed 2026-11-22

JAMA Pediatrics abstract — accessed 2026-11-22

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