

Unite for a Better Life — Gender-Transformative Coffee-Ceremony Discussion Groups, Rural Ethiopia

Gender Equality · Good practice · Ethiopia

Quality score: 70/100

Evidence strength: Strong

Summary

A four-arm cluster-RCT tested a gender-transformative 'coffee-ceremony' discussion programme for men, women and couples in rural Ethiopia's Gurage zone; only the men's-only groups showed a significant reduction in sexual IPV perpetration, with no effect in the couples' arm.

Key dimensions

Dimension	Score
Transferability / replicability	1/3
Impact on gender equality	1/1
Effectiveness	0/1
Efficiency	1/1
Evaluated outcomes	1/1
Sustainability	0/1
Achievement / evidence	1/1
Gender-mainstreaming embedding	1/1
Curator validation	1/1

Evaluated by C-NAPSE

Data sources

[C-NAPSE web research](#) — accessed 2026-09-26

[EngenderHealth, with Addis Ababa University School of Public Health and the Ethiopian Public Health Association](#) — accessed 2026-09-26

[Effectiveness of UBL — cluster-RCT \(PLOS Medicine\)](#) — accessed 2026-09-26

[Cost-effectiveness of UBL \(PMC\)](#) — accessed 2026-09-26

[J-PAL: Preventing IPV by engaging men — evidence from UBL](#) — accessed 2026-09-26

[UN Women RESPECT — Programme summary: Unite for a Better Life, Ethiopia](#) — accessed 2026-09-26

Cite this — Evidoria. *Unite for a Better Life — Gender-Transformative Coffee-Ceremony Discussion Groups, Rural Ethiopia*. Persistent ID: 7717b9f4-abb7-4f58-a264-e1d2af19a8d5.