

Unite for a Better Life (UBL) — Gender-Transformative Violence Prevention Curriculum, Rural Ethiopia

Gender Equality · Good practice · Ethiopia

Quality score: 85/100

Evidence strength: Strong

Summary

A 14-session, coffee-ceremony-format curriculum for men, women or couples in Gurage zone, Ethiopia, to shift gender norms and prevent partner violence. A cluster-RCT of 6,770 households found the men's-only arm significantly cut male IPV perpetration, at \$1,430 per case averted.

Key dimensions

Dimension	Score
Transferability / replicability	2/3
Impact on gender equality	1/1
Effectiveness	1/1
Efficiency	1/1
Evaluated outcomes	1/1
Sustainability	0/1
Achievement / evidence	1/1
Gender-mainstreaming embedding	1/1
Curator validation	1/1

Evaluated by C-NAPSE

Data sources

[C-NAPSE web research](#) — accessed 2026-09-06

[EngenderHealth, with Addis Ababa University School of Public Health and the Ethiopian Public Health Association](#) — accessed 2026-09-06

[PLOS Medicine cluster-RCT \(Sharma et al., 2020\)](#) — accessed 2026-09-06

[Cost-effectiveness analysis \(PMC, 2021\)](#) — accessed 2026-09-06

[Prevention Collaborative programme summary](#) — accessed 2026-09-06

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