

Uruguay's National Integrated Care System (Sistema Nacional Integrado de Cuidados)

Gender Equality · Good practice · Uruguay

Quality score: 85/100

Evidence strength: Observational / pre–post

Summary

Uruguay's Law 19.353 (2015) created the first Latin American national care system, professionalising care work and expanding subsidised childcare and elder care to redistribute the unpaid-care burden that falls overwhelmingly on women.

Key dimensions

Dimension	Score
Transferability / replicability	2/3
Impact on gender equality	1/1
Effectiveness	1/1
Efficiency	1/1
Evaluated outcomes	1/1
Sustainability	1/1
Achievement / evidence	1/1
Gender-mainstreaming embedding	0/1
Curator validation	1/1

Evaluated by C-NAPSE

Data sources

[C-NAPSE web research](#) — accessed 2026-07-05

[Secretaría Nacional de Cuidados, Ministerio de Desarrollo Social \(MIDES\), Uruguay](#) — accessed 2026-07-05

[ILO — How a new law in Uruguay boosted care services while breaking gender stereotypes](#) — accessed 2026-07-05

[Align Platform — Transforming gender norms through Uruguay's National Integrated Care System](#) — accessed 2026-07-05

[CEPAL — Sistema Nacional Integrado de Cuidados \(SNIC\) Uruguay, repository of policies](#) — accessed 2026-07-05

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